



Forum for Evidence-Based Medicine – relevant articles

May/June 2022 Breast cancer screening: Detection is not always beneficial

May/June 2020 Should women continue screening mammography beyond 75 years of age?

Optum Health Education[™] September 2022

Forum for Evidence-Based Medicine

Listen to Dr. Cohen's Forum for Evidence-Based Medicine podcast [here](#).

Earn up to 100 CNE/CME credit per issue.

Claiming credit	For more information, visit actonhealtheducation.com/ebm-forum .	Accreditation statement	In support of improving patient care, this activity has been planned and implemented by Optum Health Education and Optum. Optum Health Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.
Activity description	Practicing evidence-based medicine (EBM) is important in today's health care environment because this model of care offers clinicians a way to enrich quality, provide patient satisfaction, reduce costs and improve outcomes. A common implementation of EBM involves the use of clinical practice algorithms during medical decision-making to encourage optimal care. This widely recognized practice is designed to address the persistent problem of clinical practice variation with the help of actionable information at the point of care. These e-newsletters will enable health care professionals (HCPs) to put new EBM into practice.	Credit designation statements	<p>Nurses The participant will be awarded up to 100 contact hours(s) of credit for attendance and completion of supplemental materials.</p> <p>Nurse practitioners The American Academy of Nurse Practitioners Certification Program (AANPCP) accepts credit from organizations accredited by the ACCME and ANCC.</p> <p>Physicians Optum Health Education designates this enduring activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.</p> <p>American Board of Internal Medicine Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for this activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit. Please note, by claiming ABIM points, you authorize Optum Health Education to share your attendance information with the ABIM.</p> <p>PAs The American Academy of Physician Assistants (AAPA) accepts credit from organizations accredited by the ACCME.</p> <p>Attendance A certificate of attendance will be provided to learners upon completion of activity requirements, enabling participants to register with learning boards or associations that have not been pre-approved for credits. To apply for credit types not listed above, participants should use the procedure established by the specific organization with which they wish to obtain credit.</p> <p>Provide by This activity is provided by Optum Health Education and Optum.</p> <p>Commercial support No commercial support was received for this activity.</p>
Learning objectives	<ul style="list-style-type: none"> Examine the Choosing Wisely[®] program at 10 years and Optimal Care's progress in eliminating low value care. Evaluate the cost effectiveness of SGLT-2 inhibitors as first-line pharmacotherapy in adults with Type 2 diabetes mellitus. Apply pharmacological evidence regarding gabapentin and overdose deaths, hyaluronic acid for osteoarthritis, and recognize when the use of PCSK9 inhibitors or ezetimibe of value. Discuss medical management concerning adjuvant chemotherapy and asymptomatic patients with severe carotid artery stenosis and stroke rate. 		

Optimal Care Grand Rounds Topics and Timing

2024

- Jan 24: Behavioral health integration in primary care – Best practices
- Mar 27: Evidence-based approach to headache in primary care
- May 8: Osteoporosis screening, diagnosis and management
- Jul 24: Advances in the Management of Coronary Artery Disease Utilizing CCTA and CAC scoring
- Sep 18: Breast cancer screening – One size does not fit all
- Nov 13: Care of MSK conditions – Procedures your patients need and others they don't

2025 topics to be announced soon!

Time: 1pm Eastern

Registration links for live and on-demand:

<https://www.optumhealtheducation.com/optimal-care-grand-rounds>

Mailing list sign-up: <https://www.optumhealtheducation.com/optimal-care-grand-rounds-mailing-list>

Idea for future topic? Email us at OptimalCare@optum.com