

# Optimal Care materials available on Ignite and the Central Library (fka Xyleme)



## Algorithms that reference obesity considerations

- Obstructive sleep apnea
- Nonalcoholic fatty liver disease
- Total hip and knee replacement
- Acute knee pain
- Radiculopathy usage of epidural steroid injection
- Pain management with opioids
- Screening and initial management of CKD
- Abnormal uterine bleeding
- Abdominal aortic aneurysm screening
- Endoscopy in the evaluation of GERD
- Atrial fibrillation diagnosis and management
- Diagnosis and therapy for adult testosterone deficiency



## Forum for Evidence-Based Medicine articles with 'obesity'

2023 July

- Approach to non-alcoholic fatty liver disease (NAFLD) including non-alcoholic steatohepatitis (NASH)

2021 November

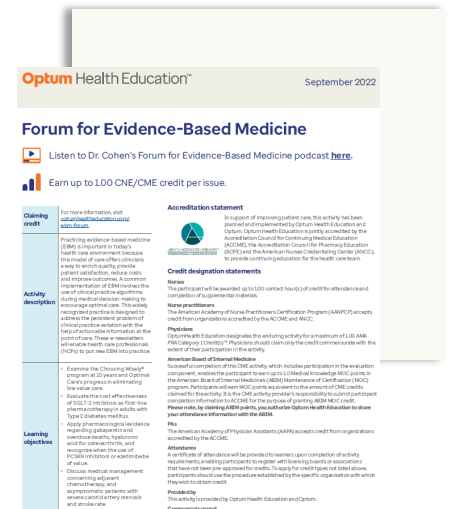
- Metabolic-bariatric surgery reduces all-cause mortality among adults with obesity

2021 July

- Weight-loss surgery significantly improves survival among adults with obesity

2021 May

- High dose semaglutide for weight loss in diabetic and nondiabetic obese patients



# Grand Rounds Topics and Timing

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- Nov 2023: Cancer Control in the 21st Century: Observations on Disparities in Health

## 2024 (tentative list)

- Jan: Behavioral health integration in primary care – Best practices
- Mar: Evidence-based approach to headache in primary care
- May: Osteoporosis screening, diagnosis and management
- Jul: Care of MSK conditions – Procedures your patients need and others they don't
- Sep: Breast cancer screening – One size does not fit all
- Nov: Chronic pain management in primary care – Best practices

Specific dates TBD

**Time:** 1pm Eastern

**Registration links for live and on-demand:**

<https://www.optumhealtheducation.com/optimal-care-grand-rounds>

**Mailing list sign-up:** <https://www.optumhealtheducation.com/optimal-care-grand-rounds-mailing-list>