

# Optimal Care Grand Rounds

## Topics and Timing

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2025

- Jan 29: High-value interventions for COPD for the Primary Care Provider
- Mar 19: Dementia – Screening, diagnosis and initial management for the Primary Care Provider
- May 21: Shared decision-making in primary care
- Jul 23: De-prescribing in Primary Care - When, Why, How
- Sep 19: Heart failure – Diagnosis and initial management for the Primary Care Provider
- Nov: Atrial fibrillation - Diagnosis and initial management for the Primary Care Provider

**Time:** 1pm Eastern

**Registration links for live and on-demand:**

<https://www.optumhealtheducation.com/optimal-care-grand-rounds>

**Mailing list sign-up:** <https://www.optumhealtheducation.com/optimal-care-grand-rounds-mailing-list>

Idea for future topic? Email us at [OptimalCare@optum.com](mailto:OptimalCare@optum.com)