

OBC Clinical Tools

Breakout Session
3/20/2024 - 3/21/2024

OBC Learning & Development

Where do I go?



The [L&D SharePoint](#) site is the landing page for all educational information and updates.

Why Is this Important?



Access to continuing education opportunities is imperative for personal and professional development.

What is on the site?



- Clinical Tools
- CE opportunities
- Home Study courses
- Topic based resources

Welcome to Refresh Mental Health Learning and Development

Mission Statement

At Refresh Mental Health/OBC Learning and Development, we are dedicated to creating and providing educational resources and opportunities to enhance personal, professional, and organizational growth.



Support Requests

- New Education Course Request
- Existing Content or Report Request
- Course Enrollment Request
- Transcript/Course Completion Report Request

CME & CE Resources

- Refresh Learning
- UpToDate
- OptumHealth Education
- Psychiatry Online
- PsychHub
- DEA MATE Act Education
- TMS Continuing Education
- External Continuing Education Resources
- External Career Resources

Diversity, Equity, and Inclusion

Go to the Refresh DEI Site

Click here for De-Escalation Training

Questions?

Education@refreshmentalhealth.com

What do you want to learn about?

Hi! Would you mind taking 2 minutes to complete this form? Thank you for helping shape the future of L&D at Refresh!

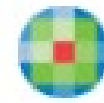
Hi, Heather. When you submit this form, the owner will see your name and email address.

* Required

1. What work relevant topics are you interested in learning about?

Highlights Today

- Access the CME/CE opportunities at [UpToDate](#)
- Free CE through the [Optum Health Education](#) site (Behavioral Health and others!)
- Access the DSM-5 FREE on [Psychiatry Online!](#)
- CEs and educational opportunities on the [RMH Learning Management System!](#)



UpToDate®

LEARNING AND DEVELOPMENT

UpToDate

RMH/Optum is proud to announce that UpToDate, an evidence-based clinical decision library consisting of thousands of topics across medicine, is now available to all clinical staff.

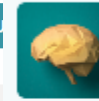
NOTE:

- If you are having difficulty creating an account, please clear your inte
- Be sure to select your preferred continuing education credit within yc
 - To see the full list of accreditations UpToDate offers, please click [here](#).



DEA MATE Act Education

Go to U



TMS Continuing Education

Annou



External Continuing Education Resources

Certain UpToDate topics will meet the new eight-hour training requirement for [Drug and Training Expansion \(MATE\) Act](#). For more information on how U



External Career Resources

PSYCHIATRY
online

DSM Library ▾

Books ▾

Journals ▾

News

Optum Health Education™

F

DSM® Library

DSM-5-TR® | Handbook of

HOME

ACTIVITIES ▾

CALENDAR

CONFERENCES ▾

ABOUT US ▾

FAQ

DIAGNOSTIC AND STATISTICAL
MANUAL OF
MENTAL DISORDERS

FIFTH EDITION
TEXT REVISION

DSM-5-TR™

ACCESS TO CONTENT IS FREE OF CHARGE AND AVAILABLE TO ALL.

Create an account [here](#) to begin participating in activities and to claim your credit.

Highlights Tomorrow (post integration)

- Access to established Optum and UHG Leadership and non-Leader Career Development Programs
- Access to AbleTo resources with YOU in mind
- LinkedIn Learning through UHG
- More provider resources



Examples of resources to look forward to:

- Care Delivery Resources
- Physical Health Resources
- Life Event Resources
- Care Coordination Resources
- Population Specific Resources
- Bilingual Provider Resources



RMH and AbleTo = OneOBC

RMH and AbleTo are working towards a blended Learning and Development

What does that mean?

You may see more resources as we leverage what each organization does best for their learners.

What will stay the same?

Mandatory Compliance and EOHS courses will still be accessed through the RMH learning platform.

How can I help?

By sharing! Let us know what content is needed as we build out the future state of OBC L&D.

What if I have questions?

Contact Education@RefreshMentalHealth.com

OBC Leader Summit L&D Takeaways

- RMH has a variety of CME/CE offerings – visit the SharePoint site to learn more!
- There will be changes to how we access education pre- and post- integration. Visit the SharePoint site to so you don't miss important announcements!
- We value your patience and understanding during the next year and look forward to feedback as L&D responds to learner needs.

Questions?



Email Education@RefreshMentalHealth.com



Are you a leader? Interested in partnering with L&D as a SME or activity planner?

Put time on my calendar 😊 (EST)

Hrohman@RefreshMentalHealth.com



We appreciate your continued support of OBC L&D!

Employee Resource Groups at UHG

- Includes events, service activities, celebration months, workshops (e.g., mindfulness, financial planning)
- Open to all integrated and non-integrated employees
- Sign-up if interested!
- Visit ERGs at [Learn more about ERGs \(sharepoint.com\)](#) or email globaldeioffice@ugh.com

Employee Resource Groups

Overview

An Employee Resource Group (ERG) is a group of employees in an organization formed to act as a resource for both group members and the organization. ERGs are voluntary, employee-led groups that are typically based upon a shared characteristic, demographic or life experience.

UnitedHealth Group's ERGs (previously known as Connected Communities) are dedicated to fostering a diverse and inclusive workplace, living our company values and working toward our business objectives.

Our ERGs build on our inclusive culture, provide a greater sense of belonging and create community across our organization. You'll find ways to grow and develop, and have opportunities to inform how UnitedHealth Group creates more inclusive and equitable solutions for those we serve.

UnitedHealth Group offers eight Employee Resource Groups:



[African American Experience](#)



[Asians United](#)



[Disability Inclusion](#)



[Pride at UHG](#)



[U.S. Military, Veteran and Spouses](#)



[Unidos \(Hispanic and Latin descent\)](#)



[Women LEAD \(Learn, Engage, Advance and Develop\)](#)



[Working Parents United](#)

UNITEDHEALTH GROUP

For more information, visit our [ERGs Sparg](#) page or contact: globaldeioffice@ugh.com

Overview of Several OBC Committees and How to Become Involved



Provider Advisory Committee - Provides strategic advisory leadership from a provider perspective across all of OBC Care Delivery. Allows for improved communication and coordination on provider-focused issues like recruitment and retention, talent pipeline, well-being, and recognizing our colleagues.



Health Equity Committee – Create an organizational structure within OBC that supports Diversity, Equity, Accessibility, Inclusion, Belonging (DEIAB) efforts. Plan and coordinate DEI and HE efforts across OBC and also connected with related-groups that exists with OBHS.



To Become Involved, please contact Gina Negrette, MD and Yoshie Davison, MSW for Provider Advisory Committee and Erika Torres, PhD for Health Equity Committee

Thank

You!