



# Learning Circle Discussion Guide

## Values Card Sort

### Directions

In your self-defined Learning Circle, a peer facilitator leads a discussion and/or role-play leveraging the talking points below to process the training content from the most recent learning event. Please reflect on all learning topics to date as you discuss today's content including personal life experiences and how these topics might be woven into your day to day work and ultimately impact those individuals you serve.

### Discussion Questions

1. Based on what you learned in this session, how do you see using the Values Card Sort with those you serve?
2. What might be challenging about differentiating between values and goals? How could you tie the concepts together as it relates to healthcare for someone with low health literacy?
3. Imagine using the Values Card Sort as a teambuilding activity. How might this be helpful to working relationships?
4. Discuss the values statements on the Values Card Sort activity to see how you might engage a person who is having difficulty identifying their most important values.
5. If time permits and volunteers are willing, engage in a role-play where you practice the Values Card Sort activity. Focus on:
  - a. Explanation of the activity
  - b. Establishing the three piles
  - c. Engaging in discussion about the whole process